

## MONTHLY BOARD MEETING MINUTES

November 14, 2016

### **Mental Health Board**

#### **Members in Attendance**

Bartley, David  
Behrens, Sharon  
Cataldo, Lisa  
McLennan, Geoff  
Stanners, Sharon  
Thickens, Theresa

#### **Staff and Guests**

Abrahamson, Twylla	Copple, Katrina
Allinger, Tony	Osborne, Marie
Bauman, Maureen	Pawlak, Chris
Cirillo, Gregg	Wierenga, Dianne
Ferry, Katherine	
Filla, Stacci	
Jones, Janna	

#### **Absent Members**

Bond, Yvonne  
Holmes, Jim

#### **Welcome and Introductions**

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### ❖ **Board Protocol (Non-Board Member Participation)** – *Not read into the minutes*

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Advisory Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

#### ❖ **Guest Speaker: Chris Pawlak**, ASOC Program Supervisor – presenting on Crisis Intervention Training/Team (CIT)

- Provided the background on CIT, which was originally developed in 1988 in Memphis, TN as a result of an officer who was involved in a fatal shooting of an individual with a severe mental illness.
- The “Memphis Model” refers to the 40-hour comprehensive program (gold standard).
- Distributed the September 2015 Crisis Intervention Training – Current Practices and Recommendations for California (by California Institute for Behavioral Health Solutions) CIBHS and the 2016 CIT training agenda.
- CIT was adopted in Placer County approximately 14 years ago and the training is held annually.
- Not all counties have a CIT program.
- The training covers about 20 various sections, from introduction to mental health to specific areas, e.g., working with older adults, working with early signs of dementia, etc.
- Strong turnout from participants from Placer County Sheriff’s Office (PCSO), this includes Corrections and Probation. In the past, there has been participation by Lincoln, Auburn, Rocklin and Roseville Police Departments.
- The training includes many interactive components.
- The fundamental core of CIT is essentially to safeguard the public as well as increase the amount of officer/deputy safety.

- CIT strives for 30-40 hours of education/training on mental health.
- While Placer County's CIT changes each year, it does maintain a core curriculum of 10-12 subjects.
- CIT brings about the awareness of mental illness.

### **Secretary/Treasurer's Report**

- Approval of the October 24, 2016 Regular Board Meeting Minutes.  
**Sharon Stanners made a motion to approve the minutes as distributed, Sharon Behrens seconded. Motion carried.**
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2016-17.**  
Expenditures for the month of October include: \$68.49 – catered meal, leaving a balance of \$1,172.40.  
**Geoff McLennan made a motion to approve the Treasurer's Report as read, Sharon Behrens seconded. Motion carried.**

### **Standing Committee Reports**

- ❖ **Executive Committee** – Theresa Thickens
  - No action taken.
  - Handouts from the Quality Assurance/Quality Improvement (QA/QI) quarterly meeting, attended by Theresa Thickens, were passed out to each of the MHADAB committees. Each committee can track those things the QA/QI leadership team and the County is tracking.
  - The Executive Committee discussed test calls and having a monthly report.
    - While many calls are being made, not all make it to the report.
    - Finish survey monkey and submit electronically and also email Marie Osborne when you have completed it.
  - Marie Osborne distributed the replacement training document: Placer County Adult Intake Services and Family and Children Services 24 hour access line Support Training 2016 Quality Management.
  - Provided each MHADAB member with a pack of green resource cards (white cards in Spanish); the cards were the result of a collaboration between Lincoln Community Resource Collaborative, QI and staff.
- ❖ **Alcohol and Drug (AOD) Committee** – Sharon Stanners
  - Amy Ellis continues to share information about service providers.
  - Marie Osborne joined the committee and discussed the upcoming state site visit taking place December 14-16, 2016 - Substance Abuse and Preventative Treatment, as well as contract monitoring for Alcohol and Drug Services.
  - The committee reviewed its goals.
  - The committee discussed leadership with Sharon Stanners transitioning out of the AOD committee in January.
- ❖ **Children's Committee** – Sharon Behrens
  - The committee brought Sharon Stanners up-to-date on the committee.
  - Sharon Stanners shared what she learned in the recent committee meeting: First Five; information on tobacco tax; possible monies coming in with marijuana legalization; Family Resource Centers – Kids First, Lighthouse and Tahoe Truckee Community Collaboration; differential response, Koinonia open house.
  - Sharon Behrens reported on Koinonia's new house - a Short Term Residential Therapeutic Program (STRTP), which is being put in place due to the Continuum of Care Reform.
    - It's a separate contract for an additional 6-bed, STRTP; instead of placing children in a shelter, they will go to a 6-bed facility.
    - At this point, it's open ended on the length of stay (under the STRTP).
    - Effective January 1, 2017, all county-operated children shelters no longer be used.
    - In 2017, the committee plans to bring a discussion forward to the full board on the Continuum of Care Reform.
- ❖ **Adult Services Committee (ASC)** – Lisa Cataldo
  - The committee finalized the goals and action items in order to work on them for the 2016-17 year.
  - Currently scheduling site visits.
  - Curtis Budge, ASOC Program Manager, regularly attends monthly meetings and provides updates and feedback to the committee. His updates provide the group with a better understanding of the system and where the need is.
  - Pamela Boss, from Turning Point, provided the committee with a program update.
  - The committee would like to consider using the CONREP treatment plan as a model for the FSP treatment plan.

### **Board of Supervisor (BOS)-Representative**

- ❖ Supervisor, Jim Holmes reported on the following:
  - Not in attendance.

### **Correspondence and Announcements**

- ❖ Theresa Thickers reported on the following:
  - KAHl Radio hosted Theresa Thickers for an hour segment. The station is interested in conducting a 20-minute segment from each of the committee chairs on the MHADAB and the specific committee's focus. This is a great outreach opportunity.
    - Theresa Thickers will contact each committee chair.
    - Maureen Bauman recommended including the Speakers' Bureau who could provide a different perspective.
  - A Survey of Training Needs was emailed to the MHADAB from the California Association of Local Behavioral Health Boards and Commissions.
    - Document will be forwarded to the members.

### **Director's Report**

- ❖ Maureen Bauman reported on the following: (*Hard copy distributed*)
  - Reviewed Proposition 47 (reclassified people's crimes) and the savings of monies resulting from reduced penalties and moving people out of state prison into the counties for sentencing. Some competitive processes are being made available to provide services to the people that would be eligible for treatment services (part of the Proposition 47 move).
  - The Director's Report contains a link to the report on the opioid epidemic and will provide facts and figures.
    - With the Drug Medi-Cal Organized Delivery System, ASOC will continue to look at a range of treatment options, methadone and alternatives to methadone, detox and get people engaged to address addiction issues.

### **Unfinished Business**

- ❖ Recruitment/Visibility (*Standing agenda item*)
  - Stacci Filla's and Dianne Wierenga's appointment to the MHADAB goes to the BOS on November 22, 2016 for approval.
- ❖ Final Mental Health, Alcohol and Drug Advisory Board 2017 Meeting Schedule
  - The final 2017 meeting schedule was included in the MHADAB packet.
  - Geoff McLennan asked if the MHADAB meeting dates could be sent as appointments to members.
- ❖ Conclusion of Member Handbook Discussion
  - Theresa Thickers reviewed the previous handbook and compared the information with the new member handbook.
    - There are a number of things to pull from old handbook for inclusion in new member handbook; it will be updated over the next few months.
  - Review the handbook(s), identify information you think needs to be included and/or needs to be updated.
- ❖ Guest Speakers/Trainers FY 2016-17 Update
  - Recommended adding a CSOC update. This will be discussed at the Executive Committee meeting.
  - If you have priorities for trainings or presentations for March, April and May, let the Executive Committee know.
- ❖ Ad Hoc Committee Update
  - Sharon Behrens reported on the ad hoc committee's meeting, which also included Sharon Stanners and Gregg Cirillo, with Maureen Bauman, to discuss procedures to facilitate site visits and BOS visits.
  - The task is to set up a protocol – know the purpose/intent of the visit and set up an informational format/checklist. This form will be used for site visits and meeting with the BOS representatives.
    - Reviewed and distributed both the MHADAB Program Review and Informational Checklist.
  - Prior to any site visit – internal or external, notify the director so she can link member with the appropriate point of contact.
  - Tony Allinger recommends using a monthly calendar to identify site visits for all members so they are aware and can all visit the site at the same time.
  - Theresa Thickers would like the committee to come up with the flow of initiating a site visit and would like to augment the form with a "how" - how do we make this happen, recognized process, keep everyone informed, appropriate number of people are invited, etc.

- The committee will schedule a follow-up meeting.
  - Each committee can come up with a list of sites they are interested in visiting.
- ❖ Napa State Hospital Site Visit
- Geoff McLennan provided a brief overview of the site visit.
  - Forensic – criminal side.
  - 1207 patients from Northern and Central California.
  - Toured three program areas: 1) substance abuse; 2) insanity by court order; and 3) conservatorship.
  - Mr. McLennan brought back a brochure for those interested.

### **New Business**

- ❖ Innovation Program Update
- Maureen Bauman announced that the Mental Health Services Act (MHSA) Innovation Plan was posted Friday for public comment.
    - Janna Jones will send link to members.
  - Working on a program that focuses on the homeless and working with the Whole Person Care Program, combining fund sources for a bigger, more comprehensive program.
  - The MHADAB will hold a public hearing at the December 12, 2016 meeting; on January 26, 2017, the plan goes to the Mental Health Services Act Oversight and Accountability Commission for approval.
  - MHSA fund requires us to use 5% of the funds for innovative programs, which means they're not necessarily evidenced based – it's a trial to see if something is working.
  - Hope to be able to change community attitude and responsiveness to the homeless population; many homeless have mental health and substance use issues.
- ❖ Review FY 2016-17 Budget (System of Care)
- Tabled item until next meeting.
- ❖ Mental Health and Substance Use Disorder Parity Task Force Final Report
- Maureen Bauman provided a follow-up on the email sent to members about the Federal Parity Task Force.
  - Parity, which is that mental health/behavioral health services should be equal in scope and duration to physical health services, has been on the books at the national level and in California for a long time.
  - The issue is that the law has not always been upheld.
  - Encouraged members to read, as the document provides recommendations.
- ❖ Committee Membership
- Per requests, a listing of each committee and its members has been included on the attendance list, which was included in the board packet.

### **Board Member Comments**

- ✧ Geoff McLennan reported that the building of a mental health facility will not be built in Rocklin; it was not supported.
- ✧ Sharon Behrens reported on: 1) an officer shooting an individual in Lincoln. Lincoln has had issues with the police force around getting appropriate training and mentioned trying to get Lincoln involved in CIT which didn't happen; and 2) meeting with Placer County Office of Education and the Coalition for Auburn Lincoln Youth, looking at trauma informed care within training schools and are at the beginning of exploring the possibility of finding one school to be trained and use it as a demonstration.
- ✧ Lisa Cataldo congratulated the new members on their official appointment to the MHADAB.

### **Public Input**

- ✧ Tony Allinger thinks CIT would be a great presentation for the MHADAB, bringing it here first prior to the training and get some advocacy. Would like to get as many first responders and others to attend.
- ✧ Katrina Copple announced the next WRAP (Wellness Recovery Action Plan) workshop is scheduled for December 8<sup>th</sup> and 9<sup>th</sup>, 2016 and the flyer was distributed. Open to any individual who has touched the ASOC – adult mental health, substance abuse or any of their family members.

### **Adjournment**

- The meeting was adjourned at 8:03 p.m.
- Monday, November 28, 2016, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, December 12, 2016, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Advisory Board